

Transforming you into your *Best Version*

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We all want to be the best versions of ourselves. It is important to take pride in your health as well as your appearance. It is not vanity that motivates us to want to present our best selves, but a desire to be confident and have a positive self-image. This is what drives Dr. Beatriz Porrás of Skin Diagnostics Laser & Rejuvenation to provide her patients with only the best solutions in dermatology as well as cosmetic dermatology, prevention and anti-aging treatments.

It is her passion, experience and expertise that enable Dr. Porrás to provide superior care and incredible results for her patients. “I am passionate about helping my patients with their self-esteem,” Dr. Porrás says. “When they leave the office, they are over-joyed with the results. I want to help people to be more confident and face the world with a new and positive perspective.”

Dr. Porrás has practiced at her current location for the last 12 years. It has been imperative for her to keep up to date on the newest technologies and procedures through continued education. Unfortunately, not everyone offering these treatments hold themselves to the same standards.

Dr. Porrás recognized that there has been an unfortunate trend where people, untrained in cosmetic procedures, have been offering these services to add profit to their business. The ramifications of

receiving these procedures for someone who isn’t properly trained can be shattering.

“Fillers, Botox non-invasive fat removal and all the new technologies are great, but they can have very bad outcomes in the wrong hands,” Dr. Porrás says. “I have had patients seek my help who had undergone procedures from someone who didn’t have the proper experience and training and are now trying to fix the botched job.

“I never want anyone to be in this position. A person’s face, body and health are too important to entrust someone because it might be the cheaper option. It’s like buying a pair of shoes, the cheapest option will often leave you in pain.”

Dr. Porrás is encouraged as she works with patients to be happy, healthy and feel great about themselves. It solidifies her love for her career.

Dr. Porrás offers a professional grade skin care line called Transformation Skin MD by Dr. Porrás. More information about the line can be found on her website. She is thrilled to announce that she will soon be expanding the line to include more top-of-the-line skin, body and haircare products. Dr. Porrás continues to find more opportunities to help her patients as new and exciting technologies offer patients procedures that are non-invasive and take very little healing time. ❖

TWO OF THE NEWEST TECHNOLOGIES ARE:

Liposonix®: This is the hottest innovation in body contouring. Liposonix uses high intensity ultrasound to eliminate localized fat deposits. Patients lose one dress size (1 inch) in one hour without down time. Any body part can be treated; the most common treated are the abdomen, flanks, arms and legs. Results are very impressive.

Microneedling: This innovative treatment is a minimally invasive skin-rejuvenation procedure that involves the use of a mechanical pen device that contains tiny needles. Microneedling is a treatment with minimal down time and effectively improves skin texture and provides firmness, as well as reduces scars, pore size and stretch marks.

In addition to these new procedures, Dr. Porras offers the following treatments:

- BOTOX, Xeomin, and Dysport
- Dermal Fillers
- Titan (Non-surgical face and body lift)
- Tridimensional (3-D) Total Skin Rejuvenation
- Laser Hair Removal (Body and face)
- Laser Removal of Vascular Lesions
- Hand Rejuvenation
- Acne and Acne Scars (Teen and adult)
- Photodynamic Therapy with Levulan®
- Sun Damage and Actinic Keratosis
- Rosacea (Facial redness)
- Melasma (Brown spots)
- Skin Cancer Screening and Biopsies
- Scars and Stretch Marks
- Brown Spots, Intense Pulsed Light (IPL)
- Laser Genesis
- Microlaser Peel (Weekend Rejuvenation Peel)
- Mesotherapy (Lipodissolve)
- Lipomassage by Endermologie® (FDA approved to treat cellulite)
- Microdermabrasion and Oxytherapy
- Visia (Computerized skin analysis)

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