

*Reflecting a*  
**FACE OF  
CONFIDENCE**

Written by Jamie Rogers



Photo by: Deogracias Lerma



BEFORE



AFTER



Photo by: Liam O'Connell

Facing life's challenges can be an arduous journey we all brave each and every day. As much as we would love to fearlessly embrace life's numerous joys without trepidation, obstacles can hinder our journey. But with a positive outlook and self-esteem, we can face life head on.

Motivated by the drive to instill confidence and improve self-image, Dr. Beatriz Porras of Skin Diagnostics Laser & Rejuvenation makes every effort to produce results that will leave her patients feeling happy and confident. Through the numerous procedures she offers, Dr. Porras is able to enhance her patient's beauty and give a more youthful and vibrant appearance. With advances in the procedures and products used, a desired look can be achieved without surgery and little or no downtime.

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It was after losing more than 100 pounds that Theresa Kilgore found that the skin on her face was loose and sagging. She wanted to look fresh and youthful, while maintaining a natural appearance. Theresa works with the public daily and it was imperative that she did not experience any recovery time. After meeting with Dr. Porras, they discussed a procedure that would meet all of Theresa's desires without the need for surgery and that would enable her to return to work immediately.

"I did what is called a liquid facelift using a combination of different kinds of fillers to help build up the structure of her face and give it a fuller appearance," Dr. Porras explains. "The procedure took only 1½ hours and the results were immediate. The before-

and-after photos speak volumes, she looks healthy, and she has been very happy with the results."

"I don't feel self-conscious anymore and I feel so much better about myself," Theresa says. "The procedure took away my wrinkles and she removed skin tags. You can really see the difference. I don't feel like I look my age anymore; instead I feel more youthful and it looks very natural. There was no pain or downtime. The day after the procedure, I woke up, put my makeup on, and went on with my day as usual."

Dr. Porras explains that as we get older, we experience sagging and offers suggestions to help rectify the issue. "As babies, our faces are round and plump," Dr. Porras says. "As we age, we start losing fat, the muscle atrophies, and the bone becomes thinner. As an alternative to surgery, we are able to do a procedure by injecting synthetic fillers. Treatment is fairly simple and results can be seen immediately and are very rewarding."

In addition to being very pleased with the aesthetic results, Theresa was enthralled with the experience of working with Dr. Porras. "She is incredibly kind and makes you feel really comfortable," Theresa says. "She takes time with her patients and you know she truly cares about them. My experience was wonderful, the pricing was very reasonable, and I highly recommend her to anyone who wants to look better, and more importantly, feel happy and confident." ❖

Skin Diagnostics Laser & Rejuvenation is located at 9200 Montgomery Road, Building E Suite 17 A, Cincinnati, OH 45242. You can reach them at 513.631.0059 or visit their website at [www.cincinnati-skinlaser.com](http://www.cincinnati-skinlaser.com).